1.17 Nappy changing and Toileting

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

1. **Procedures**

1.1 Children are changed as and when necessary - not at set times. But we will adhere to parent/carers wishes and children's routines.

1.2 Key persons are made aware if their children are in nappies or pull ups and it is their responsibility to make sure they are changed regularly.

1.3 Children should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.

1.4 Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.

1.5 Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned

1.6 Parents/carers should provide nappies, wipes and change of clothes in a named bag.

1.7 Gloves and aprons are put on before changing starts and the areas are prepared.

1.8 All staff are familiar with the hygiene procedures and carry these out when changing nappies.

1.9 In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.

1.10 Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

1.11 They should be encouraged to wash their hands. They should be allowed time for some play as they explore the water and the soap.

1.12 Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.

1.13 Key persons do not make inappropriate comments about young children's genitals when changing their nappies

1.14 Older children access the toilet when they have the need to and are encouraged to be independent.

1.15 Used nappies and 'pull ups' are disposed of by putting into nappy sacks and then placed into a separate nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.

1.16 We ask parents/carers to provide:

- Spare nappies
- Wet wipes
- Change of clothes/undergarments
- Nappy sacks

2 ***Toileting/Potty training***

2.1 When a child is ready to make the transition from nappies/pull ups to pants, we work in collaboration with parents/carers to ensure a consistent approach. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of caring adults.

2.2 We ask parents/carers to provide

- Change of clothes/undergarments
- Wet wipes
- Nappy sacks(for soiled clothing)

3 *Procedures*

3.1 Children will have access to toilet/potty as and when they need them, not at set times and in line with parents/carers wishes as far as possible.

3.2 Children will be encouraged to wash their hands after using the toilet/potty.

3.3 Children will not be left in wet/soiled clothes. We have spare clothing if parents/carers have not supplied any.

3.4 Soiled/wet clothing will be bagged and given to the parent/carer. We ask that any borrowed items are washed and returned ready for re-use

3.5 As children become more confident they will be encouraged to manage their own personal hygiene independently.

3.6 We try and promote privacy at bathroom times so ensure we take children in small groups

This policy was adopted at a meeting of	St Christopher's Playgroup	name of setting
Held on	September 2026	(date)
Date to be reviewed	September 2027	(date)
Signed on behalf of the management committee	KJCookes	
Name of signatory	Karen Cookes	
Role of signatory (e.g. chair)	Manager	